

**INSTRUCTION OF DIRECTOR OF THE ADMINISTRATION OF STUDENT
DORMITORIES AND DINNING HALLS OF THE STU**

number: 7/2021

**COMPLIANCE WITH HYGIENIC-EPIDEMIC MEASURES
IN STUDENT DORMITORIES OF THE STU IN BRATISLAVA – UPDATE**

Date: 12.11. 2021

Director of the Administration of Student Dormitories and Dining Halls of the STU in Bratislava (further only „ASDaDH“) in terms of actual resolutions of government of the Slovak Republic (further only „resolutions of government“) and decree of the Public Health Authority of the Slovak Republic (further only „decrees of the PHA“) and in accordance with article 4 point 1) of Organizational rules of the Administration of Student Dormitories and Dining Halls of the Slovak University of Technology in Bratislava (further only „Organizational rules of the ASDaDH)

issues

the following instructions of director of the ASDaDH

COMPLIANCE WITH HYGIENIC-EPIDEMIC MEASURES IN STUDENT DORMITORIES OF THE STU IN BRATISLAVA – UPDATE (further only „Instruction“)

A. GENERAL PROVISIONS

1. This Instruction adjusts basic hygienic—epidemic measures for **all persons, accommodated** in SD of the STU in Bratislava (further only „accommodated person“).
2. Accommodated persons **are obligated**
 - with effect **from the 08.11.2021** to use **ONLY RESPIRATORS FFP2** at least by standard **STN EN 149+A1** for covering of upper airway, **in all interior spaces of SD** (except own room), **spaces of student canteen including**
 - **to desinfect hands** at the entrance to the building and in all interior spaces of SD, which are equipped with desinfection facilities,
 - **to keep social distance 2 meters at least** in all interior spaces of SD,
 - **to compliance with** instruction of director of SD regarding the **number of persons**, who can be in **common spaces** of given SD at the same time – common kitchens, study rooms etc., which is published at the entrance to every this space (1 accommodated person for 15m²; if the space is smaller than 15 m², only 1 accommodated person can be there at one point),
 - **restrict the use of lift**; if it is necessary, only 1 accommodated person can be there at one point,
 - **strictly keep the night peace**, which is from 22,00 till 6,00.
3. **It is prohibited** to accommodated persons
 - to receive any **visits** persons accommodated **in other rooms of given SD** included,
 - **to gather** in the corridors and in common spaces.
4. If accommodated person will not follow hygienic and security measures specified in this Instruction, instructions of given SD and measures of the PHA of the SR, director of given SD has the right to **cancel accommodation in SD**, without the possibility of appeal.
5. Contacts to single SD, which are published on web page of the STU:
https://www.stuba.sk/sk/diani-na-stu/koronavirus-a-stu-vsetko-co-potrebuje-vediet/permanentny-monitorovaci-stab.html?page_id=13677

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B. DEFINITION OF THE TERM NARROW AND NORMAL CONTACT

1. NARROW CONTACT

Narrow contact is contact of accommodated person with person which is positive for the disease, if during this contact

- persons were in direct physical contact,
- persons were from each other in distance smaller than 2 meters more than 15 minutes,
- persons were in interior or otherwise closed space more than 15 minutes,
- persons travelled together by transport mean longer than 15 minutes, or
- persons have not covered upper airway and person positive for the disease was coughing or was spreading infected secretions otherwise.

2. NORMAL CONTACT

Normal contact of accommodated person with person positive for diseases, other than narrow contact.

C. QUARANTINE IN HOME ENVIRONMENT – NARROW CONTACT

1. Accommodated person, who has been in **narrow contact** with person, who became later positive for disease during two days before sampling of that person for test or within two days before the appearance of the first clinical symptoms of disease in this person until the end of insulation, **is obligated to stay in quarantine** in home environment.
2. Obligation of quarantine according to point 1. letter C of this Instruction does not apply to the person who:
 - **is vaccinated** and is without symptoms of COVID-19, if can prove that:
 - is 14 days at least after application of the second dose of vaccine against disease COVID-19 with two-dose schedule, or
 - is 21 days at least after application of the first dose of vaccine against disease COVID-19 with one-dose schedule, or
 - is 14 days at least after application of the first dose of vaccine against COVID-19, if the first dose was given in the interval of 180 days from overcoming the disease COVID-19, or
 - **has overcome disease COVID-19** before no more than 180 days, has proof of overcoming of disease and has not clinical symptoms of disease.
3. **Quarantine begins:**
 - from the moment when accommodated person learns that person, with which has been in narrow contact, is positive for disease,
 - at person according to point 2. letter C of this Instruction from the moment, when has even just one of clinical symptoms (elevated temperature over 37°C, a cough, a fatigue, a shortness of breath, a loss of taste or a loss of smell).
4. Accommodated person **is** during quarantine **obligated**
 - **to announce** the fact **immediately to given SD**, where the person is accommodated (contacts are in point 5. letter A of this Instructions),
 - **to leave the SD**, if it is possible and to undergo quarantine **out of SD**, especially at the address of permanent address,

- if accommodated person can not undergo quarantine out of SD for serious reasons (it is used by foreign students), he (she) undergoes quarantine based on a decision of operations director of given SD either in his room or cell or he (she) will be moved to the rooms set aside (insulator), where he (she) must stay till the end of quarantine,
 - not to receive any strangers in space, intended for insulation (except the doctor and persons who are together with him (her) at the site of insulation),
 - to monitor own symptoms matching with disease COVID-19 every day, fever of any degree, cough, fatigue or problems with breathing, lost of smell, taste or failure of taste included,
 - to measure and to record temperature every day,
 - to keep strict hygiene of hand and respiratory etiquette,
 - to **inform** his (her) **general doctor** about quarantine without delay, **if the general doctor determines**, to intergo diagnostics of disease COVID-19 (RT-PCR test), **after five days at the earliest** from close contact with person positive for the disease; **to request an examination** on the page <https://korona.gov.sk/poziadat-o-vysetrenie-na-covid-19/> or <https://korona.gov.sk/en/poziadat-o-vysetrenie-na-covid-19-en/> - in English language
 - to wait for instructions of the Regional Public Health Authority,
 - to **inform without delay about positive result of test** (by phone, SMS or e-mail) his/her doctor and competent SD (contacts are in point 5., letter A of this instruction) and also all persons with which the person has been in closed contact
 - if the result of RT-PCR test is **negative**, accommodated person in quarantine **is obligated** to report also this fact to competent SD (contacts are in point 5., letter A of this instruction)
 - if it is possible, the director of SD moves the person with the negative result from the place of insulation to another accommodation place.
5. **Quarantine ends:**
- If accommodation person quarantine has not any of clinical symptoms of disease and **result of RT-PCR test** made on the 5. day since the last contact with person positive for disease at the earliest **is negative**, **after 7 days** since the last contact with person positive for disease,
 - If the **test has not been done** and during 10 days since the last contact with person positive for disease the accommodated person has not any of clinical symptoms, **after 10 days** since the last contact with person positive for disease,
 - If accommodated person has any of clinical symptoms of disease during time of **10 days** since the last contact with person positive for disease, quarantine ends at the moment, **when general doctor assesses the person** as eligible to end the quarantine.

D. HOME INSULATION

1. **Compulsory domestic insulation** concerns accommodated persons, who **are positive** for disease COVID-19, it means that result of RT-PCR or of antigen test or LAMP test was **positive**.
2. In the interests of protection of health of other accommodated persons in SD, as well as employees of SD, **we recommend** to undergo **home insulation outside the SD**, in particular at the address of permanent residence.
3. If for serious reasons the accommodated person cannot undergo home isolation outside the SD (this applies mainly to foreign student), the person may undergo home isolation in the SD, based on the decision of the operations director of the relevant SD, the person undergoes home insulation in own room or cell or will be moved to dedicated rooms (isolators).
4. Accommodated person, to which **disease COVID-19 has been confirmed**, it means, that **result** of RT-PCR or of antigen test or LAMP test was **positive, is obligated**

- to announce the reality immediately to given SD (contacts are in point 5. letter A of this Instruction), and at the same time the person notify in writing list of accommodated persons with which he (she) has been in narrow contact (name, surname and phone number, possibly e-mail).;
 - to contact immediately general doctor;
 - immediately thereafter, the person was acquainted with positive result of test, to announce this reality to **all persons**, with which he (she) was in narrow contact during period since two days before the day of sampling for the purpose of the test;
 - to comply with insulation;
 - to stay in place of insulation during insulation;
 - to comply with no meeting with other accommodated persons, except persons who stay with him (her) in the room or in the cell during insulation;
 - to measure and to record body temperature every day.
5. Accommodated person contacts SD in writing, if it is necessary to secure food or basic hygienic needs during home insulation,

This Instruction takes effect since the day of its publishing on web page of the STU.

Instruction of director of the ASDaDH to compliance with hygienic-epidemiological measures in student dormitories of the STU from the 08.03.2021 expires.

In Bratislava, 12.11.2021

Ing. František Hulík
Director of the ASDaDH of the STU