

INSTRUCTION OF DIRECTOR OF THE ADMINISTRATION OF STUDENT DORMITORIES AND DINNING HALLS OF THE STU

number: 4/2021

COMPLIANCE WITH HYGIENIC-EPIDEMIOLOGICAL MEASURES IN STUDENT DORMITORIES OF THE STU IN BRATISLAVA – UPDATE

Date: 08.03. 2021

Director of the Administration of Student Dormitories and Dining Halls of the STU in Bratislava (further only „ASDaDH“) in terms of actual resolutions of government of the Slovak Republic (further only „resolutions of government“) and decree of the Public Health Authority of the Slovak Republic (further only „decrees of the PHA“) and in accordance with article 4 point 1) of Organizational rules of the Administration of Student Dormitories and Dining Halls of the Slovak University of Technology in Bratislava (further only „Organizational rules of the ASDaDH)

issues

the following instructions of director of the ASDaDH

COMPLIANCE WITH HYGIENIC-EPIDEMIOLOGICAL MEASURES IN STUDENT DORMITORIES OF THE STU IN BRATISLAVA – UPDATE (further only „Instruction“)

A. GENERAL PROVISIONS

1. This Instruction adjusts basic hygienic—epidemiological measures for **all persons, accommodated** in SD of the STU in Bratislava (further only „accommodated person“).
2. Accommodated persons **are obligated**
 - with effect **from the 15.3.2021** to use **only respirators FFP2** at least by standard STN EN 149+A1 for covering of upper airway , **in all interior spaces** of SD except own room
 - **to desinfect hands** at the entrance to the building and in all interior spaces of SD, which are equipped with disinfection facilities,
 - **to keep social distance 2 meters at least** in all interior spaces of SD,
 - **to compliance with** instruction of director of SD regarding the **number of persons** , who can be in **common spaces** of given SD at the same time – common kitchens, study rooms etc., which is published at the entrance to every this space (1 accommodated person for 15m²; if the space is smaller than 15 m², only 1 accommodated person can be there at one point),
 - **restrict the use of lift**; if it is necessary, only 1 accommodated person can be there at one point,
 - **strictly keep the night peace**, which is from 22,00 till 6,00.
3. Accommodated persons **it is prohibited**
 - to receive any **visits** persons accommodated **in other rooms of given SD** included,
 - **to gather** in the corridors and in common spaces.
4. If accommodated person will not follow hygienic and security measures specified in this Instruction , instructions of given SD and measures of the PHA of the SR, director of given SD has the right to **cancel accommodation in SD** , without the possibility of appeal.
5. Contacts to single SD, which are published on web page of the STU:
https://www.stuba.sk/sk/diani-na-stu/koronavirus-a-stu-vsetko-co-potrebuje-vediet/permanentny-monitorovaci-stab.html?page_id=13677

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B. DEFINITION OF THE TERM NARROW AND NORMAL CONTACT

1. NARROW CONTACT

Narrow contact is contact of accommodated person with person which is positive for the disease, if during this contact

- persons were in direct physical contact,
- persons were from each other in distance smaller than 2 meters more than 15 minutes,
- persons were in interior or otherwise closed space more than 15 minutes,
- persons travelled together by transport mean longer than 15 minutes, or
- persons have not covered upper airway and person positive for the disease was coughing or was spreading infected secretions otherwise.

2. NORMAL CONTACT

Normal contact of accommodated person with person positive for diseases, other than narrow contact.

C. QUARANTINE IN HOME ENVIRONMENT – NARROW CONTACT

1. Accommodated person, who has been in **narrow contact** with person, who became later positive for disease during two days before the day of making of test of this person until end of isolation, **is obligated to stay in quarantine** in home environment.
2. Obligation of quarantine according to point 1. letter C of this Instruction does not apply to accommodated person, who overcame the disease COVID-19 in last three months, has not clinical signs of the disease and has proof of overcoming the disease COVID-19.
3. **Quarantine begins:**
 - from the moment when accommodated person learns that person, with which has been in narrow contact, is positive for disease,
 - at person according to point 2. letter C of this Instruction from the moment, when has even just one of clinical symptoms after such a person learns, that person with whom has been in narrow contact, is person positive for disease.
4. Accommodated person **is** during quarantine **is obligated**
 - **to announce** the fact **immediately** to **given SD**, where the person is accommodated (contacts are in point 5. letter A of this Instructions),
 - **to adhere the quarantine** in home environment – not to leave insulator or room/cell,
 - not to receive any strangers in space, intended for isolation (except the doctor),
 - to monitor own symptoms matching with disease COVID-19 every day, fever of any degree, cough, fatigue or problems with breathing, lost of smell, taste or failure of taste included,
 - to measure and to record temperature every day,
 - to keep strict hygiene of hand and respiratory etiquette,
 - **to contact own general doctor**, who can indicate examination for COVID-19,
 - **to request examination** on page <https://korona.gov.sk/poziadat-o-vysetrenie-na-covid-19/> alebo <https://korona.gov.sk/en/poziadat-o-vysetrenie-na-covid-19-en/> - in English language
 - to wait for instructions of the Regional Public Health Authority,
 - to undergo diagnostics for disease COVID-19 after eight days since narrow contact with person positive for disease at the earliest.

5. Quarantine ends:

- If accommodation person has not any of clinical symptoms of disease and **result of test** made on the 8. day since the last contact with person positive for disease at the earliest **is negative, after 14 days** since the last contact with person positive for disease,
 - If the **test has not been done** and during 14 days since the last contact with person positive for disease the accommodated person has not any of clinical symptoms, **after 14 days** since the last contact with person positive for disease,
 - If accommodated person has any of clinical symptoms of disease during time of 14 days since the last contact with person positive for disease, quarantine ends at the moment, when general doctor assesses the person as eligible to end the quarantine.
6. If result of RT-PCR test **is negative**, accommodated person in quarantine **is obligated** to announce this reality to given SD (contacts are in point 5. letter A of this Instruction).

D. HOME INSULATION

1. **Compulsory domestic insulation** concerns accommodated persons, who **are positive** for disease COVID-19, it means that result of RT-PCR or of antigen test was **positive**.
2. In the interests of protection of health of other accommodated persons in SD, as well as employees of SD, **we recommend** to undergo **home insulation outside the SD**, in particular at the address of permanent residence.
3. If for serious reasons the accommodated person cannot undergo home isolation outside the SD (this applies mainly to foreign student), the person may undergo home isolation in the SD, based on the decision of the operations director of the relevant SD, the person undergoes home insulation in own room or cell or will be moved to dedicated rooms (isolators).
4. Accommodated person, to which **disease COVID-19 has been confirmed**, it means, that **result** of RT-PCR or of antigen test was **positive, is obligated**
 - to announce the reality immediately to given SD (contacts are in point 5. letter A of this Instruction), and at the same time the person notify in writing list of accommodated persons with which he (she) has been in narrow contact (name, surname and phone number, possibly e-mail).;
 - to contact immediately general doctor;
 - immediately thereafter, the person was acquainted with positive result of test, to announce this reality to **all persons**, with which he (she) was in narrow contact during period since two days before day of making of test;
 - to comply with insulation;
 - to stay in place of insulation during insulation;
 - to comply with no meeting with other accommodated persons, except persons who stay with him (her) in the room or in the cell during insulation;
 - to measure and to record body temperature every day.
5. Accommodated person contacts SD in writing, if it is necessary to secure food or basic hygienic needs during home insulation,

This Instruction takes effect since the day of its publishing on web page of the STU.

Instruction of director of the ASDaDH to compliance with hygienic-epidemiological measures in student dormitories of the STU from the 20.10.2020 expires.

In Bratislava, 8.3.2021

Ing. František Hulík
Director of the ASDaDH of the STU