

**INSTRUCTION OF THE DIRECTOR OF ÚZ ŠDaJ (Accommodation and Catering Services)**  
**FOR COMPLIANCE WITH HYGIENIC AND EPIDEMIOLOGICAL MEASURES**  
**IN STUDENT HOUSES AND CANTEENS OF THE SLOVAK UNIVERSITY OF TECHNOLOGY IN**  
**BRATISLAVA**

In order to prevent the spread of communicable diseases in the accommodation facilities of Slovak University of Technology in Bratislava (hereinafter referred to as SH) and in accordance with the current measures of the Public Health Authority of the Slovak Republic, I hereby issue the following binding Instruction of the Director of the ÚZ ŠDaJ for the compliance with hygienic and epidemiological measures in the SH STU in Bratislava for

**A. GENERAL PROVISIONS**

1. This Instruction regulates the basic hygienic and epidemiological measures for **all accommodated persons**(hereinafter referred to as the “accommodated persons”) in the SH STU in Bratislava.
2. The accommodated persons are **obliged** to
  - **wear protective face masks fully** covering both the nose and the mouth **in all interior** premises of the SH, except for their own room,
  - **disinfect their hands** when entering the building and all interior premises of the SH, equipped with disinfection equipment,
  - **maintain social distance of the least 2 meters** in all interior premises of the SH, except for their own room,
  - **follow** the instructions of the Operations Director of the SH regarding the **number of persons** that may be present at the same time **in common premises** of the respective SH – common kitchenettes, study rooms, etc., published at the entrance to each such premises,
  - **restrict** using the **elevator**; where absolutely necessary, only 1 accommodated person may be present at the same time in the elevator,
  - **strictly observe night hours**, i.e. the time between 10 pm and 6 am.
3. The accommodated persons are **forbidden** to
  - accept any **visitors**, including the accommodated persons **from other rooms of the respective SH**,
  - **gather** at corridors and other common premises.
4. In the event that the accommodated persons do not comply with the hygienic and security measures referred to in this Instruction, instructions of the respective SH and the measures of the RPHA SR, the Operations Director has the right to **cancel their accommodation in the SH** without the possibility of appeal.
5. More information regarding COVID-19 can be found on the site of the PHA SR <https://korona.gov.sk/>. Several articles are translated into English, German, Russian and Ukrainian (the language choice is in the top right-hand corner).

**B. DEFINITION OF THE TERM “CLOSE” AND “REGULAR” CONTACT**

**1. CLOSE CONTACT**

The person in **close** contact (high risk of exposition) shall be considered an accommodated person who

- had **personal** contact with a COVID-19 positive person within two meters for **more** than 15 minutes,
- had **physical** contact with a COVID-19 positive person,
- had **direct unprotected contact** with infectious secretion of COVID-19 positive person (e.g. during cough),

- was **in an indoor space** (e.g. at home, classroom, meeting room, hospital waiting room, etc.) with a COVID-19 positive person for **more** than 15 minutes.

## 2. REGULAR CONTACT

The person in **regular** contact (low risk of exposition) shall be considered an accommodated person who

- had **personal** contact with a COVID-19 positive person within two meters for **less** than 15 minutes,
- was **in an indoor space** with a COVID-19 positive person for **less** than 15 minutes,
- **travelled** with a COVID-19 positive person **using any means of transport**.

**For the period of 10 days** since **regular** contact with a COVID-19 positive person, the accommodated person, including his/her **roommates** in the room, **is obliged** to:

- on a daily basis monitor the symptoms consistent with COVID-19, including fever of any degree, cough, tiredness or breathing problems, loss of the sense of smell or taste, or taste disorder,
- restrict physical contact and avoid travelling,
- maintain strict hand hygiene and respiratory etiquette,
- **If symptoms occur, he/she self-isolate at home and contact** his/her general **practitioner** by phone.

## C. HOME ISOLATION – GENERAL INSTRUCTIONS

1. **Mandatory home isolation** applies to the accommodated person
  - a) who was **in close contact with COVID-19 positive person** (suspicion of COVID-19) or
  - b) who has **symptoms** of respiratory disease or
  - c) with **confirmed COVID-19**.
2. Also the accommodated person who is a **roommate** of the accommodated person referred to in paragraph C1 (a) to (c) hereof **is obliged to comply with the mandatory home isolation**.
3. In the interests of health protection of persons accommodated in the SH, as well as the SH employees, **we recommend** to undergo **home isolation outside the SH**, in particular at the address of his/her permanent residence.
4. If the accommodated person cannot undergo home isolation outside the SH for serious reasons (this relates, in particular, to foreign students), they shall undergo home isolation at the SH upon moving to a determined room (isolation facility) or shall undergo the home isolation in his/her room or unit.
5. If providing food or basic hygiene supplies is required during home isolation, the person isolated shall contact the SH in writing.
6. Contacts for individual SHs are published on the STU website  
[https://www.stuba.sk/sk/diani-na-stu/koronavirus-a-stu-vsetko-co-potrebuje-vediet/permanentny-monitorovaci-stab.html?page\\_id=13677](https://www.stuba.sk/sk/diani-na-stu/koronavirus-a-stu-vsetko-co-potrebuje-vediet/permanentny-monitorovaci-stab.html?page_id=13677)

## D. HOME ISOLATION – CLOSE CONTACT, SYMPTOMS OF DISEASE

1. The accommodated person who was **in close contact** with a COVID-19 positive person or has **symptoms** of respiratory disease **is obliged**, for the period of **10 days**, to
  - **immediately** notify thereof the **respective SH** where the person is accommodated (contacts referred to in paragraph C6 hereof),
  - **respect home isolation** – avoid leaving the isolation facility or the room/unit,
  - avoid accepting any other persons in the facility determined for the isolation (except for a doctor),
  - on a daily basis monitor his/her own symptoms consistent with COVID-19, including fever of any degree, cough, tiredness or breathing problems, loss of the sense of smell or taste, or taste disorder,
  - measure and record temperature on a daily basis,
  - maintain strict hand hygiene and respiratory etiquette,
  - **contact his/her general practitioner** who can indicate COVID-19 testing,

- **request testing** on <https://korona.gov.sk/poziadat-o-vysetrenie-na-covid-19/> or <https://korona.gov.sk/en/poziadat-o-vysetrenie-na-covid-19-en/> – in English
  - wait for instructions from the RPHA,
  - within the time period determined by the RPHA, undergo a swab test for the presence of the SARS-CoV2 coronavirus by the RT-PCR method (usually between the 5th to 10th day after the last contact with a person with confirmed or suspected COVID-19).
2. If the RT-PCR test is **negative**, the accommodated person **is obliged** to notify thereof the respective SH (contacts referred to in paragraph C6 bullet 1 hereof) and **COMPLETE** home isolation **in the total duration of at least 10 days** provided that the last 3 days no clinical symptoms of the disease occur or he/she has had no further close contact with a positive person.
  3. If the accommodated person undergoes home isolation **without having the RT-PCR test, the isolation shall end after 10 days provided that no clinical symptoms of the disease occur during the last 3 days**; otherwise, he/she is obliged to undergo the swab testing for the presence of the SARS-CoV2 coronavirus by the RT-PCR method.

#### **E. HOME ISOLATION – CONFIRMED COVID-19**

1. The accommodated person with **confirmed COVID-19**, i.e. the RT-PCR test is **positive, is obliged** to
  - immediately notify the respective SH (contacts referred to in paragraph C6 hereof) thereof, together with a written list of accommodated persons (name, surname and telephone number, or e-mail) with whom he/she has come into close contact,
  - contact immediately his/her general practitioner,
  - **contact all persons** with whom he/she was **in close contact for the past 14 days** without a face mask, and ask them to stay in home isolation and to register electronically for the testing on [www.korona.gov.sk](http://www.korona.gov.sk),
  - **send the respective RPHA** by e-mail ([ba.epi@uvzsr.sk](mailto:ba.epi@uvzsr.sk)) **a list of persons** (name, surname and telephone number) with whom the positive accommodated person was in close contact.
2. The accommodated person with a **positive** test result **is obliged to REMAIN** in home isolation.  
**THE MANDATORY HOME ISOLATION CANNOT END EARLIER THAN 10 DAYS SINCE THE TEST RESULT OR 10 DAYS SINCE THE DAY WHEN THE SYMPTOMS OCCURRED.**

In Bratislava, on 22 October 2020

Ing. František Hulík  
ÚZ ŠDaJ STU Director